

SIDE

Pappadoms	0.60
Special Salad	3.95
Pickle Tray	2.75
Mix Raita	2.25
Stir Fried Noodles	3.75
Tandoori Roti	1.50
Plain Naan	2.00
Garlic Naan	2.20
Peshware Naan	2.50
Kheema Naan	2.50
Pilau Rice	2.25
Egg Fried Rice	3.50
Chicken Fried Rice	5.50
Fried Rice	3.50
Plain Rice	2.00
Prawn Fried Rice	5.50

DESSERT

Banana Split	3.75
Double Chocolate Gateaux Served with cream or ice cream	4.00
Classic Choc Fudge Cake Served hot or cold with cream or ice cream	4.00
Strawberry Cheesecake Served with cream or ice cream	4.00
Strawberries & Cream	4.00
Toasted Waffles Served hot on sizzling platter with banana, ice cream & choc sauce	4.50
Fruit Salad	3.50
Ice Cream	2.95

SIZZLING PALATE

MOCKTAILBAR

Sizzling Palate aims to challenge expectations...
Try one of our refreshing non-alcoholic cocktails

Mojito - 3.25

The national drink of Brazil - the most refreshing drink on the planet.
Fresh mint, lime, sugar: raspberry / apple / pineapple / mandarin / strawberry

Mule - 3.25

Lime juice, sugar and freshly hulled fruit charged with lashings of ginger beer:
Passion fruit / Raspberry / Strawberry / Honey

Collins - 3.25

Lime juice, sugar and freshly hulled fruit topped with soda.
Raspberry / Strawberry / Summer Fruits

JUICEBAR

	glass	jug
J20 apple & mango / orange & passion fruit	1.95	-
Cranapple Breeze cranberry & apple juice	1.95	-
Juice orange / cranberry / apple	1.95	5.00

SOFTDRINKS

	glass	jug
Coke / Diet coke - bottle 2.25	1.95	5.00
Tango Orange	1.95	5.00
Lemonade	1.95	5.00
Lime & Lemonade	1.95	5.00
Blackcurrant & Lemonade	1.95	5.00
American Ginger Ale	2.50	-
American Ginger Beer	2.50	-
Red Bull	2.50	-
Appletiser	2.25	-
Still Mineral Water	2.00 (S)	3.75 (BTL)
Sparkling Mineral Water	2.25 (S)	4.00 (BTL)
Elderflower / Elderflower Pomegranate	2.50	-
Irn Bru	1.95	5.00

LASSIBAR

A refreshing blend of natural yoghurt, milk, sugar,
fresh fruit or nut, crushed ice & a fresh fruit garnish

	glass	jug
Sweet Lassi	2.25	5.00
Honey & Banana	2.50	5.50
Mango	2.50	5.50
Strawberry	2.50	5.50

COFFEEBAR

Espresso	2.00
Double Espresso	2.50
Caffelatte	2.00
Cappuccino	2.25
White Coffee	2.00
Black Coffee	2.00
Yorkshire Tea	2.00
Chinese Green Tea	2.00
Mint Tea	2.00
Masala Tea	2.50



PRIVATE PARTIES SPECIAL OCCASIONS BUSINESS LUNCHES



SIZZLING PALATE
ASIAN CUISINE حلال

An array of asian influences to satisfy any appetite

Our unique and exciting cuisine together with efficient service and charming surroundings, makes 'Sizzling Palate' a dining and takeaway experience to remember....

Enjoy!

*All prices plus 10% service charge for restaurant dining
(non optional)*

STARTERS

Chicken & Corn Soup - 3.95

Comprising breast chicken, corn & white pepper.

Manchow Soup - 4.25

Oriental soup comprising egg, mushrooms, chicken and prawns.

Chicken Samosa - 2.95

Minced chicken with onions and spices wrapped in crispy pastry & deep fried.

Vegetable Samosa - 2.95

Combination of vegetables & spices wrapped in crispy pastry & deep fried.

Chicken Wing Niblets - 3.75

Delicately spiced charcoal Tandoori roasted. Created from a secret family recipe.

Chilli King Prawn - 6.95 Chilli Chicken - 5.50

Cooked in a pepper sauce & hot chillies, garnished with lime & coriander.

Spring Lamb Chops - 4.75

Spicy lean chops marinated in rich spices, clay oven roasted.

Onion Pakoras - 2.95 Paneer Pakoras - 3.75

Onion or Indian cheese coated in batter, spices & deep fried.

Prawn Puri - 4.50

Succulent prawns flash-fried with onions & spices, served on puri bread.

Chana Puri - 4.25

Chick peas lightly spiced & served on deep fried puri bread.

Schezwan Chicken - 5.50 Seafood - 6.95

Chicken, king prawns or fish cooked in spicy Schezwan sauce & garnished with herbs.

Manchurian Chicken - 5.50 Seafood 6.95

Stir-fried in a Manchurian sauce 'speciality of the chef'. Chicken, king prawn or fish.

Tandoori Mixed Grill - 8.95

A combination of Chicken Tikka, Lamb Chops, Seekh Kebab & Chicken niblets oven roasted with peppers & onions served with salad.

SIZZLERS ARE SERVED ON A RED HOT IRON PLATE

SIZZLERS

The following Sizzlers served with a sauce of your choice : peppercorn, garlic or mushroom.

Sizzling Palate special steak - 12.99

Tenderloin meat (minute) cooked with the Chefs speciality sauce, served with grilled vegetables, chips & rice and a choice of pasta or noodles.

T-Bone Steak - 12.99

T-bone served with grilled vegetables, chips & rice, pasta or noodles with a sauce of your choice.

Sirloin Steak - 12.99

Sirloin served with grilled vegetables, chips & rice and a choice of pasta or noodles with a sauce of your choice.

Mixed Grill - 12.99

Sauteed strip loin, Lamb Seekh Kebab, Chicken Tikka and lamb chops, served with grilled vegetables, chips & rice, pasta or noodles with a sauce of your choice.

Grilled Salmon - 12.99

Lightly grilled salmon steaks (may contain bones), served with grilled vegetables, chips & rice and a choice of pasta or noodles with oyster sauce.

Jumbo Prawns - 13.99

Grilled jumbo prawns, served with grilled vegetables, chips & rice, pasta or noodles with oyster sauce.

Sizzling Palate Special Lamb - 12.99

Pieces of lamb cooked with the chefs speciality sauce, served with grilled vegetables, chips & rice, pasta or noodles.

Lamb Chops - 12.99

Grilled lamb chops served with grilled vegetables, chips & rice, pasta or noodles with a sauce of your choice.

Lamb Tikka - 12.99

Lightly spiced barbecued lamb pieces served with grilled vegetables, chips & rice, pasta or noodles with a sauce of your choice.

Lamb Seekh Kebab - 10.99

Barbecued mince lamb with onions & spices served with grilled vegetables, chips & rice, pasta or noodles with a sauce of your choice.

Sizzling Palate Special Chicken - 12.99

Chicken pieces cooked with the Chefs speciality sauce served with grilled vegetables, chips & rice, pasta or noodles.

Chicken Tikka - 12.99

Lightly spiced barbecued chicken pieces served with grilled vegetables, chips & rice, pasta or noodles with a sauce of your choice.

All prices plus 10% service charge for restaurant dining
(non optional)

BE CAREFUL NOT TO BURN YOURSELF!

SIZZLERS

Mixed Vegetable Cutlet - 10.99

Crispy fried mixed vegetable patties, served with grilled vegetables, chips & rice, pasta or noodles with a sauce of your choice.

Paneer Pakora - 10.99

Batter fried pieces of indian cheese served with grilled vegetables, chips & rice, pasta or noodles with a sauce of your choice.

Schezwan Sizzler Chicken - 13.99 Seafood - 14.99

Prepared with oriental hot chilli sauce. Served with chips, rice and noodles or pasta.

Manchurian Sizzler Chicken - 13.99 Seafood - 14.99

Prepared with Manchurian sauce. Served with chips, rice and a choice of pasta or noodles.

OPTIONAL EXTRA'S

Fried Egg - £1.00

DISHES

Salmon Masala - 7.95

A truly mouthwatering dish consisting of salmon fillet cooked in a tangy spicy sauce. *(May contain bones)*

Tarka Dahl - 4.75

A popular lentil dish enriched with onion & mustard seeds with a blend of mild spices, garnished with fresh chillies & coriander.

Manchurian Palate - 7.95*

A choice of vegetables or chicken or seafood, cooked in Manchurian sauce. *Seafood 2.00 extra charge.

Schezwan Palate - 7.95*

A choice of vegetables or chicken or seafood, cooked in red bell pepper sauce. *Seafood 2.00 extra charge.

Chicken Balti - 7.45

Cooked in an iron skillet with our own unique blend of selected spices, yoghurt & garnished with fresh chillies.

Chicken Karahi - 7.95

Exquisitely prepared using the chefs selected spices giving a wonderful rich flavour.

Chicken Tikka Masala - 7.95

Sweet, spicy flavoured dish cooked in a rich creamy almond & coconut sauce.

Lamb Malai Korma - 7.45

Tender pieces of lamb cooked in mild spices for a distinct sweet flavour.

Lamb Rogan Josh - 7.45

A dish prepared with generous use of peppers, tomatoes & onions with aromatic spices - created from an old family recipe.